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Research Article

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A Prospective Study to Assess Radiation-Induced Dysphagia in Head and Neck Cancer Patients Treated with Dysphagia Optimized IMRT/VMAT Technique

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Author(s): Shabnam Abdul Kader, Jenny Joseph*, Judith Aaron, Johny K Joseph, Jose Tom, Naiby Joseph, Ambily Nadaraj and Aiswarya Mohan

Background and objectives: Dysphagia is a common side effect of radiation therapy for head and neck cancers, significantly impacting patients' physical, social, and emotional well-being. Validating efficient dysphagia-optimized radiotherapy techniques is crucial for improving health-related quality of life, a key determinant of curative management strategies. This stu ...

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Post-radiation Prognostic Nutritional Index Predicts Survival and Guides Consolidation Chemotherapy in Esophageal Cancer Patients

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Author(s): Xiaomei Zhou#, Xiangfei Wu#, Tongxin Liu, Shuimiao Lin, Ziyi Luo, Jingyi Wu, Rong Wang* and Wei Wang* Purpose: Nutritional status is associated with the prognosis of esophageal cancer (EC) patients, which can influence treatment efficacy. Additionally, the efficacy of consolidation chemotherapy (CCT) after definitive chemoradiotherapy (DCRT) is unclear. This study aimed to explore the prognostic value of the prognostic nutritional index (PNI) at different treatment pe ...

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