



## Review Article

# Using recombinant human G-CSF to treat chemotherapy-induced neutropenia over 3 decades: What is next?

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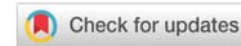
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## Abstract

Chemotherapy-Induced Neutropenia (CIN) is a potentially fatal side effect of cancer treatment, affecting > 50% of cancer patients treated with chemotherapy. Clinical use of recombinant human granulocyte colony-stimulating factor (rhG-CSF) has allowed for primary and secondary prophylaxis of CIN and its sequela (i.e., febrile neutropenia, fatal infection) during myelosuppressive chemotherapy. Here, we review the translation and properties of first, second, and third-generation rhG-CSF molecules, including filgrastim (Neupogen, FDA approved in 1991) and biosimilars, pegfilgrastim (Neulasta, FDA approved in 2002) and biosimilars, and F-627 (Ryzneuta, NMPA approved in 2023), a novel long-acting rhG-CSF agent developed this past decade. Even with the development of increasingly personalized and targeted cancer therapy, chemotherapy, and stem cell transplantation remains a backbone for the majority of patients with advanced cancers, especially in the hematopoietic system. As such, more than 20 million cancer patients have been treated with rhG-CSF drugs since the first approval of filgrastim. In the next decade, we envision third-generation rhG-CSF products such as Ryzneuta lowering costs to patients and healthcare providers, expanding access to this essential medication for cancer patients worldwide, particularly for patients who require more aggressive chemotherapy treatment.

## Introduction

Chemotherapy-Induced Neutropenia (CIN) is a common and potentially fatal side effect of cancer treatment, affecting >50% of cancer patients treated with chemotherapy. Patients with prolonged neutropenia are at risk for severe infection, with the degree of granulocyte depletion directly correlating with infection risk and severity [1]. Clinical use of recombinant human granulocyte colony-stimulating factor (rhG-CSF) in the last three decades has allowed for primary and secondary prophylaxis of CIN and its sequela (i.e., febrile neutropenia, fatal infection) during myelosuppressive chemotherapy (Figure 1). Below, we provide a brief review of the discovery

and translation of G-CSF biology into clinical practice with emphasis on first-generation, second-generation, and emerging next-generation rhG-CSF-based therapeutics.

## Review: Recombinant human G-CSF to treat chemotherapy-induced neutropenia

Colony-Stimulating Factors (CSFs) were first discovered as molecules able to promote the growth of myeloid cells and myeloid leukemia *in vitro* [2,3]. In the 1970s, four distinct CSFs—GM-CSF, G-CSF, M-CSF, and IL-3—were identified and named after the type of differentiation they induced in bone marrow progenitor's *ex vivo* [2] (Figure 1, "1970s:"). Of these, Granulocyte Colony Stimulating Factor (G-CSF) was found

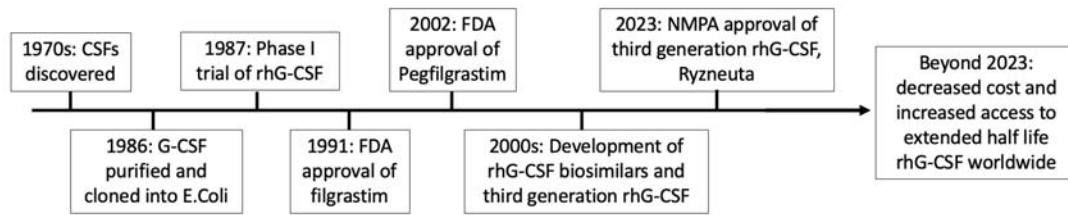


Figure 1: Timeline of events leading to the use of rhG-CSF in the treatment of chemotherapy-induced neutropenia.

to stimulate neutrophil colony formation [4] and inversely correlate with neutrophil levels *in vivo*, with upregulation of several magnitudes during acute infection [5,6].

Human G-CSF was first purified and subsequently cloned from human bladder carcinoma cell line 5637 by Karl Welte's group in 1986 [7] (Figure 1, "1986:"). Human G-CSF was purified from 5637 cells via polyacrylamide gel at > 95% purity and sequenced via high-performance liquid chromatography, allowing for the construction of oligonucleotide probes to capture candidate mRNAs. Cloning into cDNA expression vectors subsequently allowed for efficient and specific expression of recombinant human G-CSF in *E. coli* [7]. Notably, the purified recombinant protein induced granulocyte differentiation of immature myeloid and leukemic cell lines into terminally differentiated cells, including band forms, segmented neutrophils, and monocytes/macrophages.

The first generation of rhG-CSF entering clinical development was filgrastim (brand name: Neupogen), a short-half-life rhG-CSF produced in *E. coli*. The first rhG-CSF clinical studies on 24 advanced cancer patients demonstrated rapid production of functional neutrophils upon continuous infusion [8] (Figure 1, "1987:"). Notably, even in this limited cohort, rhG-CSF was seen to reduce the duration of absolute neutropenia and subsequent infection by 80% [8]. In 1991, the US FDA approved the first rhG-CSF product, filgrastim for clinical use based on the results of a phase III trial enrolling 210 patients with small cell lung cancer [9-11,19] (Figure 1, "1991:"). Compared to placebo, daily subcutaneous administration of filgrastim (brand name: Neupogen) during cyclophosphamide/doxorubicin/etoposide chemotherapy led to a significant reduction in the duration of severe neutropenia (6 days vs. 2 days), febrile neutropenia (76% vs. 4.0%,  $p < 0.001$ ), IV antibiotic use (60% vs. 38%), and hospitalization rate (69% vs. 52%). Due to its half-life of 3.5 hours, filgrastim requires daily administration after chemotherapy.

The second generation of rhG-CSF drugs, including pegylated filgrastim (Pegfilgrastim), were developed as extended half-life agents to enable once-per-cycle, rather than daily, dosing. Pegfilgrastim is produced through covalent attachment of PEG to the N-terminal amine group of rhG-CSF so that the molecule becomes too large for renal clearance [12], thereby increasing the serum half-life by over ten-fold (~3.5 hours vs. ~42 hours). In 2002, the FDA approved Pegfilgrastim based on its non-inferiority to filgrastim to treat CIN in two international randomized trials enrolling a total of 467 breast cancer patients [13] (Figure 1, "2002:"). Compared to filgrastim, Pegfilgrastim demonstrated non-inferiority in duration of

severe neutropenia and rates of febrile neutropenia with once per chemotherapy cycle compared to daily dosing of filgrastim [13]. Currently, there are over 20 biosimilars of Filgrastim and Pegfilgrastim (9 US FDA approved, Table 1) available in different countries for treatment of CIN and other neutropenic conditions (Table 2) [14]. Pegylated rhG-CSF is administered to cancer patients after chemotherapy to manage CIN. However, due to the high cost of pegylated rhG-CSF, short-acting rhG-CSF is still widely used in less developed countries. In addition, pegylation of rhG-CSF reduces the receptor binding affinity to G-CSF receptors due to increased hydrophobia of the molecule [15]. Thus, in high-dose chemotherapy settings severe neutropenia and febrile neutropenia (FN) can still occur. Other technologies to extend the half-life of G-CSF, such as fusion of albumin to G-CSF did not reach clinical development endpoints [16,17].

Table 1: FDA-approved rhG-CSF biosimilar agents used in CIN treatment [22].

Trade Name (Generic Name)	FDA Approval	Reference Product
Zarxio (Filgrastim-sndz)	March 2015	Neupogen (filgrastim)
Releuko (filgrastim-ayow)	February 2022	Neupogen (filgrastim)
Nivestym (filgrastim-aafi)	July 2018	Neupogen (filgrastim)
Fulphila (pegfilgrastim-jmdb)	June 2018	Neulasta (pegfilgrastim)
Ziextenzo (pegfilgrastim-bmez)	November 2019	Neulasta (pegfilgrastim)
Nyvepria (pegfilgrastim-apgf)	June 2020	Neulasta (pegfilgrastim)
Fylintra (pegfilgrastim-pbbk)	May 2022	Neulasta (pegfilgrastim)
Stimufend (pegfilgrastim-fpgk)	September 2022	Neulasta (pegfilgrastim)
Udenyca (pegfilgrastim-cbqv)	November 2018	Neulasta (pegfilgrastim)

Table 2: Expanded indications for rhG-CSF beyond CIN.

Drug	Indication	Reference
Filgrastim	Reduction of infection and FN incidence with myelosuppressive chemotherapy	[23]
Filgrastim	Neutrophil recovery following AML* induction/consolidation	[24]
Filgrastim	Neutrophil recovery after chemotherapy + bone marrow transplantation	[25]
Filgrastim	Hematopoietic progenitor cell mobilization during leukapheresis	[26]
Filgrastim	Severe chronic neutropenia	[10]
Filgrastim	Radiation-induced myelosuppression / H-ARS	[27]
Pegfilgrastim	Primary prophylaxis for FN risk >20%	[21]
Pegfilgrastim	Radiation-induced myelosuppression / H-ARS**	[28]

Chemotherapy-induced neutropenia (CIN) and febrile neutropenia (FN).

\*Acute Myeloid Leukemia

\*\*Hematopoietic subsyndrome of Acute Radiation Syndrome



## Discussion: What's next for the management of CIN?

Even with the development of increasingly personalized and targeted cancer therapy, chemotherapy, and stem cell transplantation remains a backbone for the majority of patients with advanced tumors, especially in the hematopoietic system. The primary prevention of neutropenic complications in these patients has made rhG-CSF a WHO essential medicine [20] and part of cancer care guidelines for most international cancer working groups [21]. Over the last decade, third-generation rhG-CSF proteins, such as F-627 (brand name: Ryzneuta), were developed with the goal of preserving the biological activity of native rhG-CSF while retaining the clinical advantages of extended half-life rhG-CSF (Figure 1, "Beyond 2023:"). Unlike Pegfilgrastim and long-acting biosimilars, F-627 is produced in CHO cells and assembles into a rhG-CSF dimer linked by a human IgG2 Fc backbone. This unique design allows native affinity to G-CSF receptor binding with more potent receptor activation due to induced dimerization of the G-CSF receptor. In addition, due to its large molecular weight and capacity for Fc recycling, F-627 retains the extended half-life of rhG-CSFs. In a CIN monkey model, F-627 demonstrated more rapid neutrophil recovery with a shortened duration of neutropenia compared with Pegfilgrastim at an equal molar dosage [27]. Phase II and Phase III studies of F-627 were conducted head-to-head with filgrastim and pegfilgrastim. In two phase III non-inferiority studies, F-627 was found to be non-inferior to filgrastim and pegfilgrastim at all primary endpoints. In addition, when compared to filgrastim, F-627 demonstrated lower incidence and shorter duration of grade 3/4 neutropenia, higher ANC nadir, and was associated with decreased incidence of chemotherapy dose reduction [18]. With its efficient manufacturing process that mitigates the complexity and risks of PEGylation, F-627 has promise to bridge long-acting, once-per-cycle rhG-CSF treatment to more patients worldwide. In intensive chemotherapy settings, F-627 may have advantages in shortening the duration of severe neutropenia or reducing the incidence of FN, which remains to be demonstrated in patients. BLA (biological license application) filings to FDA and EMA (European Medicines Agency) have been completed. The approval of Ryzneuta by the FDA and EM is expected to be in the near future.

## Conclusions & Future perspectives

As of this decade, more than 20 million cancer patients have been treated with rhG-CSF drugs. The first rhG-CSF agent, filgrastim, was purified and recombinantly expressed in 1986 by Karl Welte's group. Within pivotal trials, daily administration of filgrastim significantly reduced the duration of severe neutropenia and febrile neutropenia leading to FDA approval in 1991. Subsequently, PEGylated filgrastim (pegfilgrastim) was developed as an extended half-life alternative to filgrastim, ultimately receiving FDA approval in 2002 with similar efficacy demonstrated in non-inferiority trials versus filgrastim. Novel third-generation rhG-CSF agents such as Ryzneuta (NMPA approved in 2023) have emerged, combining the biological advantages of first and second-generation rhG-CSF products

with the manufacturing advantages of CHO cell production (Figure 1). In the coming decade, we envision third-generation rhG-CSFs decreasing costs and increasing access to essential rhG-CSF therapies for cancer patients worldwide.

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